The best way to encourage AAC use is to keep communicating. Model, Model, Model throughout the day. Getting children to help in the kitchen gives a great opportunity to model language.

**Decide the Menu Together**
- **What** can we make for dinner?
- Do you **want** to help in cooking lasagna, rice, or something else?
- Would you **like** some beans with that?

**Lots of Core Words**
- I'm going to **close** the pot
- **Open** the fridge
- We need to add **more** water
- Keep the bowl **on** the counter
- We need to **wait** until the pan gets hot
- I'm putting the rice **in** the pot
- **Get** some butter from the fridge
- Let's **stop** stirring
- Let's **start** chopping the vegetables

**Communicative Functions**
- **Question:** Can you wash these herbs, please?
- **Comment:** This pan is too hot.
- **Describe:** These crisps are yummy
- **Instruct:** Peel the garlic carefully
- **Request information:** How many cups of water did you pour?